*Cancer Sutra*

Full Web Copy

February 27, 2015

Web Intro

*[BLOCK 1]*

This project exists to help save lives.

One tweak, thrust, moan, and pant at a time.

*[BLOCK 2]*

*Before the what, the why.*

Because fear of cancer can be as bad as cancer itself.

Because 90% of cancer can be cured if checked by stage one.[[1]](#footnote-2)

Because fear, like cancer, may have the power to spread — but they both share one major weakness:

*[BLOCK 3]*

*Knowledge.*

Because of all this, *The Cancer Sutra* is designed to challenge the taboos and conventions about cancer. Firstly by talking about how to *look* for cancer, not just *find* it. Secondly, by bringing the fight against cancer, and the prevention of it, out of a place of isolation.

*[BLOCK 4]*

After all, saving lives is one thing. Having fun while doing it — well, that’s something we can all get behind. (Or in front of, depending.)

*[BLOCK 5]*

But enough foreplay! Let’s get to the real thrust of the matter.

Onward & Underward

Support Blurb on Positions Page

Ready for us to bare it all? Visit our Support page to gain access to all 30 positions, and help stick it to cancer, hard.

Support Page

*You’ve got to give some to get some.*

Support for *The Cancer Sutra* goes to The Prevent Cancer Foundation to help raise awareness, fund research, and spread the message about how early detection can help save lives. Please give whatever you can, keeping in mind that it’s not always the size of your contribution, but how you use it.

(All right, it’s a bit about the size, too.)

Donation Page: Skin Cancer

*Ready for the full frontal?*

Visit our Support page to gain access to all 30 positions, and help stick it to cancer, hard!

[Support the Cause]

Donation Page: Breast Cancer

*Not titillated yet?*

Well, perk up! You can gain access to all 30 positions when you visit our Support page.

[Support the Cause]

Donation Page: Testicular Cancer

*Looks like you’ve finished prematurely!*

But thankfully, we’re always up for a second round. Get access to all 30 positions by visiting our Support page.

[Support the Cause]

Donation Page: Prostate Cancer

*Thumbs-up for more!*

But don’t stop at the thumbs. Visit our Support page now to see how you can access all 30 positions.

Skin Cancer

The skin is the largest of the body’s organs (yes, men, even yours). Which likely means the thought of memorizing every delicious curve, nook, and cranny has paralyzed your brain under the weight of this seemingly impossible task — never you fret.

*[LINE REMOVED.]*

All you need to do is roll up your sleeves, crack your knuckles, and get ready to FONDLE.

*Find* any marks or bumps on your partner’s body and try to memorize their general shape and size.

*Observe* these marks over time for changes and alterations.

*Note* any new marks or textures that might spring up. The color of melanoma can range anywhere from red to blue, to anywhere in between, but can also be without pigment.

*Determine* the diameter. For while benign marks come in all sizes, “super” should not be one of them.

*Look* for notches, grooves, asymmetry, or any other textural oddities. Benign marks are typically smooth, not rough or patchy.

*Engage* the help of a medical professional, no matter how comfortable you may feel with your prognosis. There will never be a replacement for the opinion of a medical professional.

Now that you know how to FONDLE, take the hands– (and other-body-parts–) on approach with the following techniques.

Legs Up Checkup

Raise your partner’s legs into the air for maximum pleasure and visibility. As you begin playing your favorite tune on her lady harmonica\*, take note of the recital space you’ve found between her legs, dividing your attention equally between either of her thighs. Once you’ve given her thighs the once over with your eyes, remember to give it the twice-under with your hands to make the most of your debut performance.

Just the Tip:

\*You know the one: It sounds something like, “Yes, yes, *oh yes!”*

Insider Information

Find yourself behind your partner and position him on his knees. Now, find yourself in rather a more *intimate* proximity to your partner. As you get in (and out of) the groove of things, take the palms of your hands and lead them from the nape of the neck to the outside of the cheeks, employing a gentle touch\* to feel for any abnormalities that may yet escape the eye.

Just the Tip:

\*Do not always go gentle into that good pie. Once you’ve felt for all there is to feel, add a slap to signify the end — then, offer yourself up for a check.

Triple X-Ray

Make your way to a flat surface, like a bed, floor, or countertop, and sit facing your lover. Ladies, place your legs on your man’s shoulders, to give him unobstructed access to your most guarded secret. Bracing yourself with your hands behind you, guide your thrusts at your own pace. Your partner should be giving you quite the look-over\* by this point — but don’t forget to return the favor. Eye his chest and neck, and remember to stare *penetratingly* into his gaze. After all, it’s always nice to reciprocate.

Just the Tip:

\*Men: As you row your way to completion, observe the inside of your lover’s ankles and feet. A kiss and nibble on either will go a long way to making this position worth both your whiles.

Breast Cancer

Possibly the easiest of all places to commit to memory are the mammaries. But in the event your partner’s melons leave you scratching yours, this handy (pardon) guide should help you squeeze the most out of your (up-and–) downtime.

Just try the TWEAK method.

Take a long look at your partner with their shoulders back and their arms on their hips, making sure their breasts are the usual size, shape, and color.

Work the arms into a raised position, and look again for dimpling, puckering, discoloration, or movement or inversion of the nipples.

Eye the nipple for for any signs of fluid coming out of one or both nipples (this could be a watery, milky, or yellow fluid, or blood).

Appraise the tissue of the breasts first with your partner lying down, then in a seated position, and always in a circular pattern to ensure you cover the whole of them.

Keep exploring from a range of positions, such as sitting, standing, or even in the shower. Not only for the thoroughness this affords — but also for the fun.

Never forget, being checked is like a good nipple tweak: both men and women enjoy the benefits. So regardless of your sex, do allow yourself, from time to time, to fall into the comfort of your partner’s capable hands.

Inspect-a-Pec

Ladies, lead your lover to a bed or other flat surface and lie on your back. Coax him (as if it required any effort at all) into the familiar missionary position, but then, arch your back upwards to meet him — and continue making his acquaintance over and over again. As you thrust to the beat of his drum, take note of his pectorals\*, and remember that when it comes to this position, there’s no do-not-touch rule to be found.

Just the Tip:

\*Once you’ve seen all that his hovering pectorals have to show you, try this trick: Using one hand, grip the back of his hair firmly and give a firm tug. He’ll arch his back and pull his chest into a more open position. All the better for you to see his chest in a more pronounced light.

Manogram

Come to rest beside your partner. Then, stop resting. As you inject a little more than fun into your routine, raise your lover’s arm over your head and bring your hand to his chest. While your hips do the rocking, let your hands do the checking, making their way from tip top of the teat to the base of the bosom.\*

Just the Tip:

\*Once you’ve explored this Everest, make your way to other climes by switching sides.

Handy Scan

Things come to a grinding start in this position, as you wedge your hips firmly between your partner’s legs.\* Once things really start to shake and rattle, let one of your hands find a familiar squeeze or two. Massage, pinch, and of course, TWEAK her breasts to ensure you get her gears really moving.

Just the Tip:

\*Try this position upright, try it laying down, try it on your side, or even upside down. For full effect, the Handy Scan is best enjoyed from multiple angles.

Testicles

Tackling the testicles may seem like a handful. So if you find yourself concerned you might not have what it takes to judge a sack in the sack, we have just the technique for you.

Simply LICK the testicles.

Look for enlargement, or swelling of the scrotal skin.

Inspect one testicle at a time, rolling each one gently between your thumb and index finger. If you find one testicle is larger than the other, reserve your squeals for more pleasurable activities, for this is quite common.

Check for bumps along the sides and front of the testicles.

Know your epididymis — the soft, tubelike structure behind the testicles that collects and carries sperm. Lumps on or attached to the epididymis are quite normal.

Now that you know your way around a ball or two, these next few positions will put your teste knowledge to the test.

Sack & Save

Try your hand at this position to warm things up before the main event.

Slide in behind your lover and bring one arm across his chest.\* While you nibble at his neck and whisper sweet, unmentionable things in his ear, bring your other hand around to his trunks. Resist the temptation to stop on the way to the family jewels; you can attend to his more forthright urges later.

Just the Tip:

\*While you’re there, try teasing this beefy bosom of his. With stimulation coming from all directions, it won’t be long until he’s pining to discover your other talents.

Teste, Teste, 1, 2, 3

Bring your lover to a wall,\* and have him brace himself against it. Then assert (or is it, *insert?*) yourself. Pump away while you bring your hands down in front of him. With your hips and hands combined, this checkup may not be the only thing you bring to completion.

Just the Tip:

\*Windows and mirrors are especially handy, for the extra cheeky among you.

Guy-ropractor

Lie your partner to the floor, then turn away from him. Now just when he thinks you’re giving him the cold shoulder, let him enjoy a much warmer part of your body. As you give his penetrating gaze a penetrating act to gaze upon, lean forward and take his testicles into your hand to put this checkup fully under your belt.

Just the Tip:

\*If he’s far too excitable, a little warmth from the palms of your hand should loosen things up enough for you to complete this little exam.

Prostate

The prostate leaves much to be desired in the accessibility department. At least, for self-exams.

Thankfully, after reading this little guide, you and your partner will doubtless feel more equipped than ever to put your finger on all of the prostate’s delicacies.

Just remember to PROBE it.

Position your partner for easy access to his most guarded asset.

Rub an ample amount of lube onto your index or middle finger (or both, for those expert spelunkers among you).

Open the cheeks for uninhibited entry.

Bring your extended, well-lubed digit in first as far as you can — then upward or downward (towards the belly button). There you will find the prostate.

Explore his prostate in gentle, circular motions. It should be firm and rubbery, but not hard, or cause him pain.

While you check, it’s not uncommon for your partner to become aroused. Let’s explore now how to take full advantage of this excitable state.

Enter the Proctologist

Begin by lying your partner down on a flat surface,\* and gently mounting one of his thighs so that your knees are on either side of this leg. Now, take a finger and enter into his most concealed of caverns, arching the finger upwards to reach the prostate. (Enjoy that moan; you’ve earned it.) Run your finger along the length of the upwards interior of his rectum, and get as much of a feeling for things… as you’re giving him.

Just the Tip:

\*Of course, flat can fall flat sometimes — and as we all know, gravity doesn’t (and shouldn’t) always pertain to the behavior of legs. Try placing a pillow under the small of his back for a more open kind of access.

Amorous Anal-yst

Seat your partner on the edge of the bed or table, and find a comfortable spot between his open legs. While your mouth may instinctively do what mouths do best when faced with a cylindrical object, don’t let that be the only job you get done. Gently allow your finger to make its way up, up, and away, to find the Promised Gland.\*

Just the Tip:

\*If the seated position is causing your fingers to fumble, give yourself an all-access pass, by simply lying your lover on his back.

Dr. Ben Dover

With this hand, you do him bed. And with the other, you’ll do something quite a bit more daring.

Start this position by lying your partner on his back. Evoking the exhibitionist in yourself, find a place seated comfortably on his chest.\* While you’ll undoubtedly want to tend to his most forthcoming of desires, free a hand to discover a more secretive one. For while you fill a void he never dreamed he needed filling, you’ll be winding down this checkup — but only winding up the fun.

Just the Tip:

\*Now just because he’s reaching completion, doesn’t mean he should sit idly by. While you attend to his business, make sure he attends to your pleasure.

1. *Early Detection Saves Lives* Film, Fuck Cancer [↑](#footnote-ref-2)